



8-Week Planning & Logistics Timeline

A step-by-step master roadmap to plan, secure, and organize your trip with complete peace of mind.

TRIP DETAILS & LOGISTICS OVERVIEW

Trip Name:

Destination:

Start Date:

End Date:

Duration:

PASSPORTS, VISAS & ENTRY REQUIREMENTS

- ☐ **Passport Expiration & Blank Pages:** Verify your passport is valid for at least 6 months beyond your return date and has at least 2–4 blank visa pages.
- ☐ **Visas & Entry Authorizations:** Apply for required e-Visas, ESTA, or entry permits for all transit points and primary destinations.

HEALTH, MEDICAL & INSURANCE

- ☐ **Vaccinations & Health Clearances:** Check travel health guidelines for destination-specific vaccines or required health declarations.
- ☐ **Comprehensive Travel & Medical Insurance:** Secure a policy covering medical emergencies, trip interruptions, and baggage protection.
- ☐ **Prescription Buffer:** Confirm you have enough supply to last your entire trip. Also, confirm your prescription is not restricted in the country you're visiting.

FINANCIAL & MOBILE CONNECTIVITY

- ☐ **Zero-FX Credit Cards:** Confirm primary travel credit cards do not charge foreign exchange transaction fees.
- ☐ **Bank Travel Notices:** Notify primary banks and card issuers of international dates to prevent security freezes.
- ☐ **International Data Plan / e-SIM:** Order a local e-SIM or activate an international carrier plan for seamless connectivity upon landing.

ACCOMMODATIONS & TOUR BOOKINGS

- ☐ **Key Transport & Stay Reservations:** Lock in main flights, accommodations, and high-demand local tours.

CUSTOM TRIP NOTES & BOOKING CODES



72-Hour Pre-Departure Countdown

Final administrative and digital safety checks to execute right before you leave home.



DIGITAL VAULT & BACKUPS

- ☐ **Secure Photo Vault:** Take photos of your passport, driver's license, insurance cards, and credit cards. Save them to an encrypted, offline-accessible folder on your mobile device.
- ☐ **Cloud Copy for Trusted Contacts:** Email a copy of your full itinerary (including hotels) to a family member or trusted friend. Upload copies of your passport to a secure cloud drive like Google Drive or Dropbox.



OFFLINE MAPS & TRANSIT PREP

- ☐ **Download Offline Google Maps:** Save offline map areas for all arrival cities, hotel neighborhoods, and major sight locations.
- ☐ **Arrival Transit Plan:** Confirm exact transportation method from airport/station to first accommodation (pre-arranged transfer, rideshare app, train ticket).



CASH & CURRENCY MANAGEMENT

- ☐ **Baseline Cash Arrival Cushion:** Withdraw \$100–\$200 USD equivalent in local currency for small tips, taxis, or markets where cards aren't accepted.
- ☐ **Secondary Card Storage:** Separate your secondary backup credit/debit card from your main wallet to keep in hotel safe or daypack.



HOME BASE PREPARATION

- ☐ **Mail & Package Holds:** Pause mail deliveries or arrange for a neighbor to pick up packages.
- ☐ **Automated Home Security & Timers:** Set smart lights or timers, double-check door security cameras, and turn off main water valves if away long-term.

EMERGENCY CONTACTS & LOCAL EMBASSY DETAILS



"Do Not Zip The Bag Without These" Packing List

Essential high-friction items that ruin trips when forgotten.

TECH & POWER

- ☐ **Universal Travel Adapter:** Multi-region plug with high-wattage USB-C fast charging ports.
- ☐ **High-Capacity Power Bank:** 10,000–20,000mAh portable charger (must be kept in carry-on bag).
- ☐ **Extra-Long Charging Cable:** 6ft cable for inconvenient hotel wall outlets.
- ☐ **Bluetooth AirTags / Trackers:** Tucked inside checked baggage and daypacks.

HEALTH & PERSONAL CARE

- ☐ **Medication Kit:** Prescriptions, pain relievers, antacids, anti-diarrheals, and motion sickness pills.
- ☐ **Eye Care Backup:** Spare glasses, additional contact lenses, and travel-size solution.
- ☐ **Hydration & Electrolytes:** Powder packets for long-haul flights and long walking days.

DOCUMENTS & MONEY

- ☐ **Secondary Credit Card:** Packed separately from your main wallet as a backup.
- ☐ **Physical Documents Copy:** Printed passport photo page, insurance policy info, and emergency numbers.
- ☐ **In-Flight Pen:** Crucial in carry-on for customs & arrival cards.

COMFORT & SANITY SAVERS

- ☐ **Noise-Canceling Headphones:** With 3.5mm jack adapter for in-flight media screens.
- ☐ **Sleep Essentials:** Contoured eye mask and high-decibel earplugs.
- ☐ **Dry Bag / Ziplocs:** For damp swimsuits, dirty shoes, or protecting gear from rain.
- ☐ **Stain Pen / Laundry Sheets:** Quick sink-wash essentials for longer trips.

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